

LEVEL 2 FITNESS INSTRUCTOR

FREE Work-based
Learning CPD

APPLY
NOW

Level 2 Instructing Exercise and Fitness

- Do you work in Leisure & want to progress your career?
- Work towards Level 2 NVQ Diploma in Instructing Exercise & Fitness & become a Qualified Fitness Instructor
- Start your Qualification remotely and Tutor / Assessor work place visits when possible.
- **Full support and mentoring through your Qualification, tailored to meet your needs and environment.**
- Gain expert knowledge in
 - Principles of Exercise, Fitness & Health
 - Working with clients & Physical Activity
 - Reflect & Develop own practices
 - Plan, Prepare & Instruct sessions
- Specialise in
 - Gym based exercise
 - Exercise to Music
 - GP Referral
 - Kettlebells / Spinning



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TRAINING LTD

For more information or to book your FREE place
Contact: info@achievemoretraining.com / (01745) 797 797