

1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport



Qualification specification

Qualification Overview:	The qualification will develop the learner's knowledge and skills so that they are able to support the delivery of PE and sport activities in a school sport environment under the direct supervision of a more qualified individual.						
Qualification Code:	603/2131/3	Level:	2	Age:	16	Registration Period:	2 Years
Guided Learning (GL):	80	Total Qualification Time (TQT):	180	Credit Value:	18	Operational From:	01 Sept. 2017
Progression Opportunities	Learners may seek employment or in a voluntary capacity as a PESS support deliverer or as other roles identified within the specification. 1st4sport Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport maybe one route of education the learner may progress into other opportunities are identified with the specification.						

Qualification Objective

What does this qualification cover?

The 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport is designed to introduce the learner to a number of roles in providing Physical Education and School Sport (PESS). The qualification will develop their knowledge and skills in order to be able to support the delivery of PE and sport activities in a school sport environment under the direct supervision of a more qualified individual. While it is delivered through the medium of PESS, the skills may be used by learners aspiring to work in other sporting roles, such as coaching.

Who is the qualification for?

The qualification is designed to prepare learners for employment in paid or voluntary roles that will enable them to support the delivery of physical education and sport activities in a school sport environment, under the supervision of a more qualified individual, such as a Level 3 Physical Education and School Sport leader or a qualified teacher.

Who supports this qualification?

The qualification has been designed and developed in partnership with the Association for Physical Education (afPE), utilising their expertise in the area of physical education and school sport.

Qualification Progression

What future education could this qualification lead to?

Learners may wish to undertake the following qualifications to further develop their understanding in this area:

- 1st4sport Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport
- 1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport
- 1st4sport Level 3 Certificate in Supporting Physical Development and Physical Activity in the Early Years
- 1st4sport Level 2 Award in Multi-Skills Development in Sport

What future employment could this qualification lead to?

This qualification may lead to paid or voluntary roles as a Physical Education and School Sport support delivery, a coach, a children's activity professional or a sports leader in schools, under the guidance and supervision of a qualified teacher, normally as part of a schools overarching curriculum.

Qualification Achievement

Entry Requirements for the Qualification

Learners are required to:

- be appropriately identified
- be at least 16 years of age
- be able to communicate effectively in English¹

How is the Qualification Achieved?

Achievement of the qualification is normally through attendance on a course of training and completion of the *1st4sport Learner Portfolio* inclusive of all assessed tasks.

What will be assessed?

The assessment specification requires learners to:

- complete a series of written tasks,
- prepare for, lead and review a Physical Education and School Sport activity programme.

All assessment is contained within the *Learner Portfolio*. Successful completion of this learner portfolio will result in the achievement of the qualification.

¹ Learners must be able to understand the requirements of the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an appropriately qualified tutor/ assessor who are required to:
 - have attained QTS status
 - possess recent and relevant experience delivering Physical Education in a school sport context.

Or

- hold a suitable teaching qualification such as: Level 5 Diploma in Teaching in the Lifelong Learning Sector [DTLLS]/Level 3/4 Certificate in Teaching in the Lifelong Learning Sector [CTLLS] or a Certificate in Education or equivalent
- hold or be working towards an assessor qualification such as Level 3 Award in Assessing Vocationally Related Achievement; the Level 3 Award in Assessing Competence in the Work Environment; the Level 3 Certificate in Assessing Vocational Achievement; the hold the ENTO Unit D32/33 or the A1/A2 Assessor Units; or the 1st4sport Introduction to Assessment Practice in Sport (IAPS) qualification; or have attended a programme of assessor training matched to national standards
- have recent and relevant experience delivering Physical Education in a school sport context.

If the individual is only in possession of a teaching qualification without clear evidence of assessment, they must only act as the Tutor. Likewise, an individual with only assessing experience must not tutor the training programme.

- an appropriately qualified internal quality assurer (IQA)
 - Level 4 Award in the Internal Quality Assurance of Assessment Process and Practice or hold the V1 Unit, the 1st4sport Certificate in Internal Verification in Sport, or ENTO Unit D34.

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have:

- a classroom-type facility with chairs (not benches) sufficient in size to comfortably accommodate both the cohort and the workforce, with sufficient ventilation and lighting
- a practical space in which learners (as well as participants) can take part in activity sessions in safety
- toilets and changing room facilities for both male and female learners/participants

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment and include as a minimum:

- an overhead projector and laptop computer
- flip chart paper
- a selection of coloured pens.

What qualification materials support this qualification?

This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include *1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport*:

- *Qualification Handbook*, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification
- *Unit Specifications*, detailing the Learning Outcomes and Assessment criteria for the qualification
- *Learner Portfolio*, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification.
- *Delivery, Assessment and Quality Assurance Approach*, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance

How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

How to apply to deliver this qualification

Contact 1st4sport Qualifications, requesting qualification approval for the *1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport*

Tel: 0113 290 7610

Email: enquiries@1st4sportqualifications.com

Website: www.1st4sportqualifications.com

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SkillsActive
Tel: 0330 004 0005 Website: www.skillsactive.com
Ofqual
Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual

Qualification Structure (Rule of Combination)

Learners must successfully achieve all nine mandatory units. Learners must successfully complete all units in order to be awarded this qualification.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Understanding Key Legislation Related to Physical Education and School Sport	2	2	10	K/616/0399	Written Tasks, Observation of Practical
Principles of Teaching Physical Education and School Sport	2	2	9	R/616/0400	Written Tasks, Observation of Practical
Principles of Safe Practice in Physical Education and School Sport	2	2	10	Y/616/0401	Written Tasks, Observation of Practical
Principles of Child Development Through Movement	2	2	9	D/616/0402	Written Tasks, Observation of Practical
Promoting Lifelong Health and Well-being	2	2	6	H/616/0403	Written Tasks, Observation of Practical
Principles of Inclusion in Physical Education and School Sport Activities	2	2	9	K/616/0404	Written Tasks, Observation of Practical
Prepare for Physical Education and School Sport Activities	2	2	9	M/616/0404	Written Tasks, Observation of Practical
Lead Physical Education and School Sport Activities	2	2	10	A/616/0407	Written Tasks, Observation of Practical
Conclude and Review Physical Education and School Sport Activities	2	2	8	F/616/0408	Written Tasks, Observation of Practical

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Developing and awarding qualifications for the active learning and leisure industry

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