

October bulletin

Harvest Festival in 2025 is due to take place on 4th October. The Harvest Festival is celebrated around the world across many different faiths and cultures. It takes place at different times of the year in different countries, according to when the main harvest is for each country.

[Harvest Festival 2025 - Event Info & Teaching Resources](#)

Down Syndrome Awareness Month, to raise awareness of the condition by tackling stereotypes and myths surrounding the syndrome. Down's Syndrome awareness month is all about celebrating those with the condition in any educational setting, as well as supporting them.

[Down Syndrome Awareness Month - Down Syndrome UK](#)

[Events - Downs Syndrome Association](#)

Black History Month has a different theme to focus on throughout the month. It is a time for reflection and positive changes for the future. During Black History Month, people can celebrate the outstanding contributions that Black and Mixed Heritage people have made to society across the globe, both today and historically.

[Black History Month UK - 2025 - Resources & Event Info](#)

ADHD awareness month, ADHD is a lifelong condition that is often stereotypically associated with hyperactivity, lack of focus and 'disruptive behaviour' particularly in school. However, people with ADHD are also creative problem solvers, capable of deep focus on tasks that interest them and bring innovation to their work.

The month is a time to reflect on what ADHD is, how it affects people, and celebrate neurodiversity in general.

[ADHD Awareness Month | Twinkl Event Page - Twinkl](#)

Dwarfism Awareness Month, Dwarfism Awareness Month is a month-long event to spread awareness and increase the visibility of dwarfism and people with the condition. This event aims to educate people on dwarfism while dispelling myths and misconceptions.

[Dwarfism Awareness Month 2025 | Event Information - Twinkl](#)

1st-2nd Yom Kippur (Jewish) Yom Kippur is a Jewish holy day. In English, 'Yom Kippur' means the Day of Atonement. It is considered to be the time when our souls are closest to God. It is believed that, if Jewish people fast on Yom Kippur, they will be forgiven of their sins and cleansed by God.

[What is Yom Kippur? | Events | Judaism | Teaching Resources](#)

Creating professional, inclusive pathways in sport leisure and education- **Developing ambitions Leaders at every level –**
Solution based focus through innovation and collaboration- **Positive, proactive culture built on integrity and trust-**
Raise standards, improve quality, Achieve More!

1st-7th Dyspraxia Awareness Week. This week-long campaign aims to increase public awareness of dyspraxia, a neurological condition that can interfere with daily living by impairing motor skills and coordination.

[Dyspraxia Awareness Week – Dyspraxia Magazine](#)

6th-13th Dyslexia Awareness Week is an annual event during which people aim to spread awareness and help others develop their understanding of dyslexia. This week is the perfect time for teachers and carers to reflect on how best to support dyslexic people, too. Dyslexic people can have difficulties recognising, spelling and decoding words. It is not linked to intelligence, but a genetic neurological condition.

[Wales Dyslexia](#)

[Dyslexia Awareness Week - British Dyslexia Association](#)

8th World Dyslexia Awareness Day. This day focuses on increasing understanding, promoting inclusivity, and offering support to individuals with dyslexia. World Dyslexia Awareness Day also encourages early diagnosis and appropriate accommodations to help people with dyslexia reach their full potential in education, work, and life.

[World Dyslexia Awareness Day | Awareness Days](#)

9th-15th Baby Loss Awareness Week, is a time for everyone in the baby loss community and beyond to come together, to remember much-loved and missed babies, and raise awareness of pregnancy and baby loss.

[Baby Loss Awareness Week – Break the silence around baby loss](#)

18th Anti-Slavery Day is a UK initiative to raise awareness of human trafficking and modern slavery and to celebrate those who fight against it.

[Anti-Slavery Day 2025 | Includability - The Home of Inclusive Businesses](#)

Invisible Disabilities Week 19th-25th October.

'Invisible disabilities' can also be referred to as 'non-visible' or 'hidden disabilities. This is because a child or adult may have a neurological, mental, or physical condition that may not seem apparent when looking at someone.

Some examples of different conditions can include autism, epilepsy, chronic fatigue syndrome, sensory processing disorder, multiple sclerosis, fibromyalgia, anxiety, and brain injury, to name a few.

[Invisible Disabilities Week | Twinkl Event Calendar - Twinkl](#)

Diwali's date varies from year to year, but it is usually celebrated between October and November. Celebrations in 2025 are estimated to start on Monday 20th October. Diwali is celebrated by millions of Sikhs, Hindus, Jains, and some Newar Buddhists around the world. Traditionally, Diwali is a Hindu festival of lights and has different variations across India. Although the meaning can differ, it is known to commemorate stories about good defeating evil and light overcoming darkness.

Diwali is the biggest and most important holiday of the year in India.

[What is Diwali? - BBC Bitesize](#)

22nd International Stammering Awareness Day, a day which aims to promote awareness of and support for people who stammer. There are an estimated 70 million people who stammer, or stutter, making up 1% of the global population.

About 8% of children will stammer at some point in their lives, but most will go on to talk fluently. The NHS estimates that stammering affects around one in 100 adults, with men being three to four times more likely to stammer more than women.

[STAMMA home page](#)

[Cwrdd: International Stammering Awareness Day](#)

31st Samhain - end of harvest/beginning of winter (Pagan) Samhain is a festival of remembrance rooted in pagan tradition and ancient Celtic lore. Usually celebrated between October 31 - November 1st.

[What is Samhain and how is it celebrated?](#)