

## December 2024 Bulletin

**UK Disability History Month** has historically taken place on 22 November until 22 December, but in 2024 it will take place from 14 November to 20 December.

UK Disability History Month is an annual event to raise awareness about disabled people's fight for equality and human rights. It is an opportunity to reflect on the progress made for disability rights and to act on what we can do to support disability equality in the present.



### **December 1<sup>st</sup> - Eat a Red Apple Day 2024**

Eat a Red Apple Day is a delightful celebration dedicated to enjoying one of the world's most beloved fruits—the red apple. This event encourages people of all ages to Savor the crisp and delicious taste of red apples while highlighting their numerous health benefits.

[National Eat A Red Apple Day \(December 1st\) | Days Of The Year](#)

### **International Day of People with disabilities, is celebrated every year on 3 December.**

The day is about promoting the rights and well-being of persons with disabilities at every level of society and development, and to raise awareness of the situation of persons with disabilities in all aspects of political, social, economic, and cultural life.

[International Day of Persons with Disabilities 2024 - Twinkl](#)



**Tree Dressing Day** is typically observed during the first weekend of December, embracing the spirit of the holiday season. In 2024, it will take place on December 4th, encouraging people to decorate trees and participate in related activities over the weekend.

[Tree Dressing Day 2024 - Teaching Resources - Twinkl](#)

## 10 – Human Rights Day

Human rights can empower individuals and communities to forge a better tomorrow. By embracing and trusting the full power of human rights as the path to the world we want, we can become more peaceful, equal and sustainable.

This Human Rights Day we focus on how human rights are a pathway to solutions, playing a critical role as a preventative, protective and transformative force for good.

For resources please visit: [World Human Rights Day | Event Information - Twinkl](#)

**December 13<sup>th</sup> Christmas Jumper Day** is a festive and charitable holiday tradition that encourages people to don their most colourful and whimsical holiday sweaters, often adorned with jolly designs and festive motifs. Beyond spreading holiday cheer, this day serves a charitable purpose, as participants are encouraged to donate to various causes and organizations to make a positive impact during the holiday season.

### What is Christmas Jumper Day 2024?

Christmas Jumper Day is an annual celebration that embraces the joy of the holiday season. It invites individuals, schools, workplaces, and communities to come together and wear their favourite Christmas sweaters. The day not only promotes holiday spirit but also raises funds for charitable initiatives.



**December 25<sup>th</sup>- Christmas Day**, which is one of the most widely celebrated holidays around the world, commemorating the birth of Jesus Christ. It's a time of joy, giving, and coming together with family and friends to celebrate the spirit of love and goodwill. Whether you observe Christmas as a religious holiday or as a festive occasion, it's a day filled with traditions, decorations, and a sense of togetherness.